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**30 DAY WEIGHT LOSS CHALLENGE**

The 30 Days Weight Loss Challenge this summer is in full swing! And the participants in June have just completed their weight loss program. Congratulations! This exclusive weight loss health lecture was held on Tuesday evenings, together with our comical MC Jason who wowed our audiences with the most up to date innovative nutrition tips and dieting tricks. The audience was kept on their toes

with spontaneous health quiz questions that were thrown their way. Together with professional personal trainers Calvin and Harvey, the audience had the privilege to learn a few tricks of the trade, including specific exercise and stretches, to help our participants attain the figure of their dreams!

Many participants lost more than 10 pounds! Their body fat and visceral

fat levels dropped significantly, and their muscle mass also increased. Amongst our contestants was Sam who lost a whopping 31 pounds! Want to show off that beach ready bikini body this summer? Then hurry up and join in on our exclusive summer 30 Days Weight Loss Program! You just might get the chance to win an iPhone 7 if you reach your target weight goal!

**AN EXCLUSIVE INTERVIEW WITH ONE CONTESTANT OF JUNE'S WEIGHT LOSS CHALLENGE**

Hi everyone! My name is Sam, and I am 48 years old. Before this competition, I was heavily overweight, weighing 90.5 kg, which was close to 200 pounds. I had a huge round belly, my body fat, visceral fat levels and BMI reading were severely above the recommended healthy figures. I had never been on a detox program before, but I was hoping to lose 30 lbs with OV's weight loss challenge program, as well as improve the quality of my health, and increase my energy levels.

Not only did Organic Vision arrange for a professional to help me document my weight loss journey, they also provided health and nutrition seminars to educate us on the principles behind detox and

dieting. This helped me immerse myself in the program 100%. During my detox, I learned to change lots of unhealthy lifestyle habits I had developed over the years. I learned to exercise - I started hiking, and I learned to cut out fattening and sugary foods out of my diet. I had in the past attempted to go through the Liver/Gallbladder Cleansing procedure, but without any significant results. This time round, though, I managed to pass through white colored gallstones 3 cm in circumference! I was thrilled. A month later, I reached my goal, losing a total of 31 lbs, as well as reducing my visceral fat levels from 17 to 11. Although this figure is not within the ideal healthy range, I am still so pleased with my results!







Developing Influence was designed to be a self-development program. It aimed to help Distributors improve themselves in their selling, communication and business building abilities.

During the first lesson of our "Developing Influence" course, our distributors all wrote a list of their future goals. They were all determined to improve themselves, to become an influential person! In a short span of 12 sessions, everyone gained a wealth of knowledge and a new set of skills. Aside from getting to know themselves and their business

partners better, including their own strengths and weaknesses, they all learnt the valuable lesson on how the power to influence could effectively improve their businesses. To top it all off, our distributors were able to put theories from class into practice, completing all their training exercise homework that Afreen had specially designed for them to work on. During the graduation ceremony held on May 26th, a total of 25 distributors were able to successfully graduate this course. They all shared their lessons learnt and feelings about the course, and read out loud the first letter of they



addressed to themselves at the beginning of the course, in which they encouraged themselves to work hard, to move forward and apply all the new skills they would have learnt during the course. Vanessa and Bon received recognition for their excellent performance during the course. Not only did they learn to put their newly acquired skills and knowledge into practice, but they also went up and beyond over their expected homework requirements! These two outstanding graduates were also invited by the company's founder Afreen to dinner together. Congratulations!

## EAGERLY ANTICIPATING OUR 3RD QUARTER AWARDS NIGHT

2017 has already zoomed by as we find ourselves right in the middle of the year already! We are all working hard on finalizing plans for our 3rd quarterly awards ceremony. The theme color of this event will be the ever timeless, classically elegant-'black and white'. We welcome all distributors to dress according to this theme, with the chance to win our "Best Dressed" award!

Aside from handing out our eagerly anticipated retail and enroller awards for the hard work of our

distributors for months of April to June, we will also be announcing the winners of the Travel Incentive Award for the first half of 2017!

During these past 6 months, we have seen the persistence, tenacity and enthusiasm of our distributors in building their businesses, with visible results to show. We are certain that everyone is eager to congratulate them. Who will be the winners of this event? Come find out by attending our upcoming awards ceremony on July 24th at 7:15 pm!



## JEJU ISLAND, SOUTH KOREA - YOUR NEXT HOLIDAY



The destination of the second half of 2017 has been announced - Jeju Island, South Korea. The new calculation period will begin in July 3rd till January 7th of 2018. Jeju Island is located in the southernmost tip of South Korea, complete with beautiful and unique landscapes and scenery-a definite must see place for tourists and an ideal getaway destination. We are sure that after working your hardest on building your business to win this trip, you will no doubt enjoy a

carefree, relaxing getaway! You can look forward to leaving all your worries and cares behind, and simply have let your hair down with your business partners on a fun filled vacation.

Wait no longer! Hurry up and start planning ahead on accomplishing this goal with your teammates. Please refer to our company's webpage and office poster for more details.

